



Day 25 – 45 °C

Night 5 – 15 °C



KALAHARI DESERT
Augrabies Falls
120 km west of Upington
Northern Cape
South Africa

The route winds through the Augrabies Falls National Park, private farmlands and along cultivated vineyards.

KAEM Ultra

160km, 5 D5AYS, 4 STAGES

15 – 22 September 2024

SUPPORTED

Introduced in 2023, **KAEM Ultra** is a **brand-new, vibrant and unique** desert foot race. Within just a week, you get to experience all the magic of KAEM and the Kalahari, in a supported and relaxed way, offering trail runners and hikers a taste of the best.

ENTRY OPTIONS & FEES

Option 1: ZAR 21 000 (All inclusive)

Option 2: ZAR 17 000

(Excl. accommodation, meals, transfers)

What to Expect?



SUPPORTED RACE

Participants run with day pack with all supplies and survival gear for the day. Participants' overnight bags with all supplies (incl. food for the 5 day event (up to 15kg) are transported from camp to camp.

STAGGERED STARTS

Except for the first day, the race is started each morning in a staggered fashion, with walkers at 6:00

ROUTE & TERRAIN

- Jeep tracks
 - Sandy, gravel roads
 - Sandy riverbeds
 - Single tracks
- Every year the route changes slightly.

MEDICAL ASSISTANCE

- Medical assistance available on route.
- Participants to treat own blisters and minor issues.

NAVIGATION

- Route is clearly marked, every 400m.
- Route book, maps provided.

OVERNIGHT CAMPS

- Stretch tents with numbered spaces are provided.
- Participants to sleep in allocated numbered spaces.
- 5 L water is provided at camp after finish. Hot water available.
- Toilet facilities available.

CHECK POINTS

- Every 8 to 10 km along the route.
- 1,5L water provided at every Check Point.
- 5L water provided at the overnight camp.

FINISHING TIMES

Participants need to reach overnight camps by 19:00 as the route is not marked for night running. There are no other cut-off times.

2 Days – REST – 2 Days

The 160km is spread over 4 stage, with distances between 30 and 50km per day.

FOOD REQUIREMENT

- A min. of 2000 Calories per day are recommended.
- Participants need to provide and pack their own food for the 5-day race.

Summarised Event

Itinerary (refer to Itinerary webpage for details)

15 SEP

Arrive
Registration
Race Briefing
Medical Checks

16 SEP

Early wake-up
Bag check-ins
Transport to Start
Start the race

16 – 20 SEP

Running in the
footsteps of the
ancient Bushmen

20 SEP

Finish
Finger Lunch
Evening Dinner

21 SEP

Prize-giving
Function

22 SEP

Depart

List of compulsory items (daily running pack)

- Approx. 3 kg Day Pack for running
- Water containers (bottles or bladder) – 1.5L minimum
- Sunglasses / eye protection
- Head cover (cap)
- Insect net to cover face / Buff
- Space blanket
- Mirror
- Whistle
- Sun block lotion
- Toilet paper / tissues
- Daily food / energy supplements allowance for the route

List of compulsory items (overnight bag)

- Sleeping bag & mattress
- Overnight & warm clothing
- Torch & spare batteries
- Eating container & utensils (knife, spoon)
- Medical kit (blister treatment, antiseptic cream, strapping / anti-chafe)
- 10 x Safety pins / duck tape

Entry Fees Include:

PACKAGE OPTION 1

- 8 days event, 5 days race
- All accommodation, meals and functions, incl. welcome dinner and prize-giving
- Race briefing, and medical checks
- SANParks entry and permissions
- Private farmlands permissions
- Goodie bag
- Marked route
- Overnight camps
- Water checkpoints
- Water
- Medical assistance
- Sweeper
- Professional photo- and videography
- Results and daily social media postings
- Finish trophy

PACKAGE OPTION 2

- 5 days race
- Race briefing, and medical checks (Sunday 1 Oct)
- SANParks entry and permissions
- Private farmlands permissions
- Goodie bag
- Marked route
- Overnight camps
- Water checkpoints
- Water
- Medical assistance
- Sweeper
- Professional photo- and videography
- Results and daily social media postings
- Finish trophy

* Welcome dinner and prize-giving function can be booked and paid together with entry fee.

Entry Fees Exclude:

OPTION 1 & 2

- International and domestic flights to Upington Airport
- Own transport to Augrabies Falls
- One-way / return KAEM bus transfer from Upington Airport to Augrabies Falls
- All foods and supplements for the race

OPTION 2

- Accommodation, meals and transfers before the Start and after the Finish

** KAEM bus transfer from Upington Airport to Augrabies Falls (one way/ return) can be booked and paid together with entry fee.





Payment Schedule, Options & Cancellation Policy

- DEPOSIT payment upon registration: ZAR 2500
- FULL (rest of) payment by 31 July 2024

Airport transfer by bus (optional, require booking):

Upington Airport / Augrabies Falls
 Return: ZAR 760
 One-Way: ZAR 380

- EFT (electronic funds transfer)
- Monthly debit order for participants with a South African bank account
- International Bank Transfer
- * *Banking details will be provided with invoice*

CANCELLATION / REFUND

- Up to 1 May – Entry fees paid minus administration fee of ZAR 1000
- From 1 May to 31 July – Entry fees paid minus ZAR 2500
- From 1 August 5 September – Entry fees paid minus ZAR 8000
- Withdrawal from event after 5 September – NO REFUND (In case of unforeseen circumstances, a roll-over of the entry can be arranged.)

From Entry to Arrival



Enter NOW and book your space in the 2nd KAEM Ultra 2024!!

For more information browse the KAEM website (www.kaem.co.za) or contact Simoné at simone@kaem.co.za

ENTER NOW!!